

## WHAT CAN I EXPECT TO OCCUR WHILE WORKING WITH THE FTBS?

The FTBS worker will provide a wide range of solution-focused services, based on Insoo Kim Berg's approach. These services may include: building a positive family/therapist working relationship by using solution-focused techniques, developing cooperation and defining the problems to be worked on, collaborative goal-setting, enhancing family functioning through the use of feedback and task-building interventions, enhancing appropriate parenting skills, household management skills, communication and conflict resolution skills, and enhancing the use of community resources and linkages with follow-up services when appropriate.



### Families Together Building Solutions (FTBS) Locations:

**Washtenaw County**  
 2797 Oak Valley Drive  
 Ann Arbor, MI 48103  
**Referral Phone: 734.845.8661**  
 Fax Number: 734.327.6425

**Oakland County**  
 30215 Southfield Road  
 Southfield, MI 48076  
**Referral Phone: 248.318.0791**  
 Fax Number: 248.258.0458

**Genesee County**  
 225 E. Fifth Street, #109  
 Flint, MI 48502  
**Referral Phone: 810.239.3264**  
 Fax Number: 810.239.3394

**Macomb County**  
 42140 Van Dyke Road, #206  
 Sterling Heights, MI 48314  
**Referral Phone: 586.651.0596**  
 Fax Number: 586.997.0629

*Orchards Children's Services serving Wayne, Washtenaw, Oakland, Macomb, St. Clair and Genesee Counties.*

[www.orchards.org](http://www.orchards.org)

FFTA



Foster Family-based Treatment Association



## FAMILIES TOGETHER BUILDING SOLUTIONS

(FTBS)



STRENGTHENING THE COMMUNITY THROUGH QUALITY SERVICES TO CHILDREN AND FAMILIES





## WHAT IS THE FAMILIES TOGETHER BUILDING SOLUTIONS (FTBS) PROGRAM?

FTBS is based on the belief that many families can enhance their well-being and improve safety of the children with the assistance of long-term in-home services. These families, while in need of less intensive services, are not threatened with the risk of imminent removal of a child from their homes; yet, if left without services or access to necessary resources, the family could reach a point of crisis serious enough to threaten family stability and lead to an eventual removal. Together, the FTBS worker and family will develop and address goals aimed to resolve challenges.

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## SERVICES...

## RIGHTS...

## WORKING TOGETHER...

- The FTBS program is short-term (up to 90 days, with an extension up to an additional 90 days).
- A trained FTBS worker will be available to you 24 hours a day, seven days a week, 365 days a year and meet with you in your home, at time most convenient for you.
- The FTBS worker will average not less than three (3) hours of face-to-face contact with you, per week, during the period of intervention.
- During the intervention you will be given the FTBS worker and Supervisor's cell phone number and be encouraged to contact them 24/7 in the event of an emergency or crisis.
- We believe that parents and children should safely remain together as a family unit.
- You will have the opportunity to participate in weekly solution-focused treatment groups.
- You are important!
- We believe that your family can grow and change.
- The FTBS staff will work with you to strengthen your family and reduce risk factors.
- Progress can happen if we work together.
- The FTBS worker will work with you on the goals that you decide are important.
- Together, progress will be made by building on the strengths of you and your family!

