

FAMILIES FIRST OF MICHIGAN

Oakland County

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Genesee County

225 E. Fifth Street, Suite 109
Flint, MI 48502
Referral Line: 810.588.9487
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Macomb County

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Sterling Heights, MI 48314
Referral Line: 586.651.2862
Fax: 586.997.0629

Washtenaw County

2797 Oak Valley Drive
Ann Arbor, MI 48103
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Wayne County

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Detroit, MI 48235
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F F T A



Foster Family-based
Treatment Association



STRENGTHENING THE COMMUNITY THROUGH
QUALITY SERVICES TO CHILDREN AND FAMILIES



WHAT IS THE FAMILIES FIRST OF MICHIGAN PROGRAM?

Families First of Michigan program is an intensive home-based program, assisting families in crisis. Intensive services are provided for a period of 4-6 weeks. Families First of Michigan workers spend an average of 10 face-to-face hours with families per week. Together, the Families First of Michigan worker and family develop and address goals aimed to resolve challenges faced by the family. During the intervention the Families First of Michigan worker is available to families 24 hours a day, 7 days a week in the event of an emergency.

"The worker motivated me to take steps to better our lives."

Tonya

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SERVICES... RIGHTS... WORKING TOGETHER.

- Families First of Michigan services are provided for a period of 4-6 weeks.
- A trained Families First worker will meet with you in your home, at a time convenient for you.
- The Families First worker will spend an average of ten hours each week with your family.
- Together with your family, the Families First worker will try to help you work out your family's challenges.
- During the intervention your Families First worker will be available to your family 24 hours a day, seven days a week in the event of an emergency. Your Families First worker's contact number will be given to you for your family's use.
- Families First believes that parents and children should safely remain together as a family unit.
- You are important.
- Families First believes your family can change and grow.
- The Families First worker will work with you to strengthen your family.
- Progress can happen if we work together.
- The Families First worker will work with you on the goals you decide are important.
- Families First will make every effort to help you care for your children.

WHAT CAN I EXPECT TO OCCUR DURING THE INTERVENTION?

The Families First of Michigan program is a strength based, solution-focused model. Some examples of issues that can be addressed include but are not limited to budgeting, communication skills, anger management, safety planning, parenting skills, discipline techniques and issues related to domestic violence.